

SOAR WITH THE SPIRIT!
Our Lady of Victory Catholic School - Weekly Update –May 5, 2010

Last Day of School – Tuesday, June 8 – Noon Dismissal

Middle School Sports Banquet – OLVCS is pleased to announce that we will have a Banquet honoring those athletes that participated in PIAA Sports on Tuesday June 1 at Celebration Hall beginning at 6:30pm. The Banquet is for all 6th, 7th, and 8th grade athletes and their families that participated in the PIAA Sports of Soccer, Girls Basketball, Boys Basketball, Track, and Softball. More information and signup information will follow in the coming weeks. We look forward to this fun evening honoring our Middle School sports teams and athletes.

Rosary Makers – We are very grateful to the Rosary Makers of OLV Parish who made new Rosaries for all of our students this year. These Rosaries will be blessed and distributed on Friday, May 7.

Second Century Scholarships – We are very pleased to announce that nearly \$50,000 will be available for tuition scholarships for the 2009 – 2010 school year. If you are in need of tuition assistance, you should have already completed the Second Century Scholarship application. If not, it is not too late. For more information, visit www.factstuitionaid.com/facts/gaindex. A family of four with less than \$90,000 income may qualify for a scholarship.

Middle School Field Trips – All of our middle school classes will participate in field trips on May 14. Please refer to an email sent on May 5 regarding our policy on use of electronic devices during the trip. Each homeroom teacher will send home more detailed information regarding the specific trips.

Spring Photos – By now, you should have received proofs of your child's Spring Photo. The personalized order form with the proofs is all you need to make your selection and process the order. Please return orders or unused form to school no later than Friday, May 7.

Counselor's Corner – See **10 TIPS TO BECOMING YOUR OWN BEST FRIEND** at bottom of Update submitted by Mrs. Plosky.

The Susan Crowe Scholarship was established in May 2006 in her memory. A \$500 tuition scholarship for the Our Lady of Victory Catholic Middle School will be presented to the student for the next academic year. Anyone can nominate a student. Nomination forms can be obtained from the school office and must be submitted no later than May 14, 2010. An eligible student must be currently enrolled in 5th, 6th, or 7th grade at OLVCS, plans to attend OLVCS Middle School, participated in a school sponsored athletic team, and consistently exhibited a high level of sportsmanship while performing as a student athlete. Presentation of the scholarship will made at the End of the Year Awards Assembly at Our Lady of Victory Catholic School.

OLVCS Summer Camp 2010 - Information packets for Summer Camp 2010 are available from the school office. Call 2338-1592 or email engleharta@olvcs.org to request a packet. Downloadable forms will be on the website (www.olvcatholicsschool.org) by end of the week.

Upcoming events:

Friday, May 7 @ 9 am – School Mass sponsored by grade 5 and May Crowning
Tuesday, May 11 – Kindergarten Day of Fun
Tuesday, May 11 – Fine Arts Night – Art Show @ 5 pm, Concert @ 6:30 pm
Thursday, May 13 – Feast of the Ascension – School Mass @ 9 am

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10 TIPS TO BECOMING YOUR OWN BEST FRIEND

1. Focus on your inner beauty. The outer you is changing every day, but by focusing on your talents, your skills, your character, and your heart, you'll like yourself no matter how bad a hair or face day you're having.
2. Exercise, Exercise, Exercise! You'll not only improve your body, but you'll relieve stress at the same time.
3. Replace negative thoughts with positive ones. Instead of criticizing yourself, give yourself a pat on the back.
4. Be forgiving. If your friends make mistakes, forgive them. Do the same for yourself.
5. Speak up for yourself. Don't be afraid to share your opinions and ideas. And if someone tries to put you down, stand up to them.
6. Once a week, make a list of three things about yourself that make you happy.
7. Don't be a perfectionist. Remember, it's those little imperfections that make us unique and wonderful!
8. Consider helping others, like raising money for a cause you believe in. Once you start thinking about other people, you won't be so focused on your problems.
9. Surround yourself with friends who love you for who you are, not what you wear or how you look.
10. Have fun now.